

December 23rd • 9:00am



**5K Run & Fun Walk - Children's Fun Run**  
Hilton Head Hospital Campus

**ENTRY FEE:** \$30 • 5K • Post marked by 12/16/17  
\$5 Late Fee • Fri. at Race Packet Pick-Up & Race Day Reg.  
*Everyone is encouraged to Run in Santa, Elf or other holiday costume*

**PACKET PICK-UP & LATE REGISTRATION:**  
Fri, Dec. 22, 4:30-6:pm - The Bike Dr - 80 Beach City Road  
Race Day - 7:30-8:30am / **HH Hospital** (packets will not be mailed)

**5K AWARDS:** Male & Female - Seasonal prizes to top 3 M & F Overall.  
Prizes to top 3 M & F Overall Master.  
Awards to top 3 in each division. *No duplications.*

**5K DIVISIONS** Male & Female: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 65-69, 70-74, 75+

**CHILDREN'S FUN RUN FREE** - Start around 10am - *Race is broken down into 2 heats:*  
Age 3 and Under 25-yards • Ages 4-6: 100-yards (distances are approximate)

**TO BENEFIT** **THE TEARS FOUNDATION AND OTHER LOCAL CHARITIES**

**COURSE** Flat and very fast

**AWARD CEREMONY & PARTY FOLLOWING RACE:** FEATURING A VISIT FROM **SANTA**  
Refreshments, Music, Hot Cider, Door Prizes & More

**LONG SLEEVE T-SHIRTS, JINGLE BELLS & CANDY CANES TO FIRST 500**

**THE EVENT WILL BE HELD - RAIN, SHINE OR SNOW**

**BEARFOOTSPORTS.COM • 843/757-8520**

**race sponsors**



**REGISTRATION FORM**

Please make check payable and mail to: **Bear Foot Sports,**  
**20 Towne Dr - PMB #200 - Bluffton, SC 29910**

race use only

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age ( as of 12/23/17 ) \_\_\_\_\_ **Male / Female**

Phone: \_\_\_\_\_ ( circle sex )

E-mail: \_\_\_\_\_

Shirt Size: (circle one) XS S M L XL ( XXL only \$3 additional )

check one 5K Run \_\_\_\_\_ 5K Walk \_\_\_\_\_

In consideration of your accepting me/my child's registration, I hereby for myself, my child, my heirs, executors and administrators waive and release any and all rights and claims for damages I or my child may have against Bear Foot Sports, including all representatives who are in any way connected with this event/program. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and/or Medical and/or Hospital care or treatment as deemed appropriate. In addition, I am fully aware of the provisions covered by the fee for this event and I understand that if any emergency arises, any and all additional expenses incurred must be borne or assumed by the participants. Bear Foot Sports has permission to take photographs of my child or myself while participating in any Bear Foot Sports events. I understand that these photographs may be used for Bear Foot Sports advertising and public relations through and not limited to brochures, flyers, or newspapers.

Signature: Participant/Parent/Guardian \_\_\_\_\_

**Check List**

\$ 30.00 Entry Fee  
 \$ 3.00 XXL T-shirt  
 \$ 5.00 For Charity  
 \$ 5.00 Late Fee  
*Late fee (after 12/16)*  
**TOTAL ENCLOSED**  
 \$ \_\_\_\_\_