

33rd HH FIRECRACKER RUN

RACE LOCATION

- SHELTER COVE COMMUNITY PARK

ENTRY FEE & REGISTRATION

- \$10 Kids Fun Run - (8 & under)
- \$25 Children 5K Run - (12 & under)
- \$30 Adult 5K Run - (13 & over)
- Add \$5 late fee after 6/27 / \$10 on July 4th
- Call BFS for group discounts (8 or more / pre-reg only)

PACKET PICK-UP & LATE REGISTRATION

Tuesday, July 3rd, 2:00pm-6:00pm at
Palmetto Running Company - Shelter Cove
July 4th - 6:30-7:30am @ Shelter Cove Community Park
Packets cannot be mailed, you must pick-up

5000 METER RACE

- Each mile will be clearly marked.
- Water will be available on the course.
- First aid station will be available at start/finish area.

5K RUN & WALK STARTING LINE

- Runners will start at 8:00am
- Runners will staged with fastest up front
- Walkers will start shortly after runners

ADULT TECH-SHIRTS

- Tech-shirts to first 1500 adult participants
- Children & Late registration will receive cotton shirts

CHILDRENS FUN RUN - \$10

- Kids 8 years and under, takes place inside Shelter Cove Community Park. Beginning at 9 a.m., the race is broken down into three heats: Registration is \$10 per child (\$5 late fee on race day) and includes a bib, t-shirt and finishers prize!

Age 3 and Under: 25-yards run beginning at 9 am
Ages 4-5: 50-yards run beginning at 9:05 am
Ages 8 & under: 100-yards beginning at 9:10 am
(times may vary slightly • distances are approximate)

843/757-8520

33rd HH FIRECRACKER RUN

5K RUN DIVISIONS

Male & Female
8 & Under, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74,
75-79, 80 & over.
Male Clydesdale
200lbs & Over (34 & Under - 35 & Over
Zina Women Division - 145lbs & Over
NO DUPLICATIONS

AWARDS -

- Awards & Gift Certificates to top 5 M/F overall
- Awards & Gift Certificates to top 3 M/F Masters 40+
- Awards & Gift Certificates to top M/F Grand Masters 50+
- Awards to top 3 M/F in each division

AWARD CEREMONY POST RACE PARTY

- Shelter Cove Community Park
- Music, Refreshments, Door Prizes & More

FOOD VENDORS

(Free small samples for runners - cash sales for non runners)

TO BENEFIT

- A percentage of proceeds go to benefit several local charities including: Hilton Head Rotary Club, HH High Shool Cross Country & others

PARKING

- Park on the Belk side of Towne Center
NO PARKING - in front of the Kroger Grocery Store

NO..PETS, SKATES, BIKES STROLLERS OR BABY JOGGERS

VOLUNTEERS ALWAYS NEEDED

PRODUCED BY



bearfootsports.com

REGISTRATION FORM

Please make check payable and mail to:

Bear Foot Sports • 20 Towne Drive - PMB #200 • Bluffton, SC 29910

(race use only)

2018 HILTON HEAD FIRECRACKER RUN

First Name: _____ Age _____
Last Name: _____
Address: _____
City _____ State _____ Zip _____
Date of Birth (mm/dd/yy) _____
(Please check one) 5K Run or Health Walk Kids Fun Run
Ph _____ E-mail _____

CHECK LIST
Male / Female
(check one)
 \$ 10.00 Kids Fun Run 8 & Under distances vary
 \$ 25.00 Children 5K 12 & Under cotton shirt
 \$ 30.00 Adult 5K 13yrs +
 \$ 3.00 XXL T-shirt
 \$ 5.00 Donation for Charity
 \$ 5.00 Late Fee (after 6/24)
 \$ 10.00 Late Fee (on July 4th)
TOTAL ENCLOSED _____
sorry no refunds

Kids Shirt Size: (circle one) XS S M L
Adult Shirt Size: (circle one) XS S M L XL (XXL only add \$3.00)

In consideration of your accepting me/my child's registration, I herby for myself, my child, my heirs, executors and administrators waive and relieve any and all rights and claims for damages I or my child may have against Bear Foot Sports, including all representatives who are in any way connected with this event/program. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and/or Medical and/or Hospital care or treatment as deemed appropriate. In addition, I am fully aware of the provisions covered by the fee for this event and I understand that if any emergency arises, any and all additional expenses incurred must be borne or assumed by the participants. Bear Foot Sports has permission to take photographs of my child or myself while participating in any Bear Foot Sports events. I understand that these photographs may be used for Bear Foot Sports advertising and public relations through and not limited to brochures, flyers, or newspapers.

Signature: Participant/Parent/Guardian _____

Date _____

== GOLD SPONSORS == == PATRON SPONSORS ==



BearFootSports
20 Towne Drive - PMB #200
Bluffton, SC 29910

Start Your Independence Day with a BANG !

HILTON HEAD ISLAND



FIRECRACKER 5K RUN

Celebrating 33 years

July 4th • 8am

Shelter Cove Community Park
Hilton Head Island, SC

FAMILY 5K RUN

Health Walk

Kids Fun Run

Post Race Party

Beaufort Counties Largest Road Race
One of the top 5K Runs in South Carolina

843/757-8520
bearfootsports.com