



Get Your Irish On! *23rd Annual*
Hilton Head Shamrock 5K RUN

March 17th @ 8:00am
New York City Pizza - Pope Ave



23rd Annual HH Shamrock 5K Run & Fun Walk
Pope Ave - Hilton Head Island, SC

ENTRY FEE: \$30 post marked 3/10/18
\$35 Friday at Race Packet Pick-Up • \$35 Race Day

PACKET PICK-UP: Friday, March 16, 4:30pm-6:00pm
New York City Pizza - Heritage Plaza - Pope Ave, Hilton Head
Race Day - 7:00am - 7:30am (*packets will not be mailed*)

RACE DAY REGISTRATION: 7:00am - 7:30am - New York City Pizza

T-SHIRTS: Performance blend shirts guaranteed to first 400 people registered

DIVISIONS Male & Female
10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60-65, 65-69, 70-74, 75 & Over

AWARDS: Male & Female - Awards & Prizes to top 3 M & F Overall & Master.
Awards to top 3 in each division. *No duplications.*

FINISHERS: St. Pat's beads to all Finishers

COURSE: Flat and very fast. **RACE IS CHIPPED TIMED**

AWARD CEREMONY: Block Party following race: Refreshments, Door Prizes & More

RAIN OR SHINE TO BENEFIT ROTARY CLUB OF HILTON HEAD / SUNSHINE

Beat our Leprechaun to the finish line and receive a race prize

REGISTRATION FORM

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race use only

Please make check payable and mail to: **Bear Foot Sports,**
20 Towne Drive - PMB#200 • Bluffton, SC 29910

Check List	
<input type="checkbox"/>	\$ 30.00 Fee thru 3/10
<input type="checkbox"/>	\$ 35.00 Late Reg
<input type="checkbox"/>	\$ 3.00 XXL T-shirt
<input type="checkbox"/>	\$ 5.00 For Charity
TOTAL ENCLOSED	

First Name: _____

Last Name: _____

Address: _____

City _____ State _____ Zip _____

Age ____ (as of 3/17/18) Phone _____

Male ____ Female ____ 5K Run ____ 5K Walk ____

Adult Shirt Size: (circle one) XS S M L XL (XXL only \$3 additional)

e-mail _____

In consideration of your accepting me/my child's registration, I herby for myself, my child, my heirs, executors and administrators waive and release any and all rights and claims for damages I or my child may have against Bear Foot Sports, including all representatives who are in any way connected with this event/program. Further, in the event of any injury, I do hereby give permission and consent to authorize such First Aid and/or Medical and/or Hospital care or treatment as deemed appropriate. In addition, I am fully aware of the provisions covered by the fee for this event and I understand that if any emergency arises, any and all additional expenses incurred must be borne or assumed by the participants. Bear Foot Sports has permission to take photographs of my child or myself while participating in any Bear Foot Sports events. I understand that these photographs may be used for Bear Foot Sports advertising and public relations through and not limited to brochures, flyers, or newspapers.

Signature: Participant/Parent/Guardian _____